

MENUS



ROSE HALL VILLAS
at Half Moon

JAMAICAN BREAKFAST #1

SELECTION OF FRUIT JUICE

Orange or Pineapple

FRESHLY CUT TROPICAL FRUITS

Watermelon, Pineapple, Papaya, Banana

CORNMEAL PORRIDGE

BANANA NUT MUFFINS

ACKEE & SALTFISH

BOILED GREEN BANANAS

FRIED DUMPLINGS

STEAMED CALLALOO



JAMAICAN BREAKFAST #2

SELECTION OF FRUIT JUICE

Orange or Pineapple

FRESHLY CUT TROPICAL FRUITS

Watermelon, Pineapple, Papaya, Banana

CORNMEAL PORRIDGE

ESCOVEITCHED FISH

(Snapper Filet)

FRIED BAMMY

FESTIVAL

STEAMED PAK CHOY

Meals served with Coffee/Tea & Toast (wheat/white)

Jams/Jellies/Butter, Raisin Bran Cereal/Corn Flakes

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AMERICAN BREAKFAST #1

FRUIT JUICE

Orange Juice or Pineapple

FRESHLY CUT TROPICAL FRUITS

Watermelon, Pineapple, Papaya, Banana

ASSORTED MUFFINS

Blueberry, Banana Nut

EGGS YOUR STYLE

BREAKFAST LINK SAUSAGE

PANCAKES



AMERICAN BREAKFAST #2

FRUIT JUICES

Orange Juice or Pineapple

FRESHLY CUT TROPICAL FRUITS

Watermelon, Pineapple, Papaya, Banana

OATMEAL PORRIDGE

ASSORTED MUFFINS

Blueberry, Banana Nut

EGGS YOUR STYLE

BREAKFAST LINK SAUSAGE

PANCAKES

Meals served with Coffee/Tea & Toast (wheat/white)
Jams/Jellies/Butter, Raisin Bran Cereal/Corn Flakes

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HEALTHY BREAKFAST

FRUIT JUICE

Orange Juice or Pineapple

FRESHLY CUT TROPICAL FRUITS

Watermelon, Pineapple, Papaya, Banana

NATURAL & FRUIT YOGHURT

SELECTION OF COLD CEREALS WITH LOW FAT MILK

BRAN & MUESLI MUFFINS

STEAMED VEGETABLE

Meals served with Coffee/Tea & Toast (wheat/white)
Jams/Jellies/Butter, Raisin Bran Cereal/Corn Flakes, Honey Nut Cheerios
(Soy Milk available on request)

 ROSE HALL VILLAS
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LUNCH & DINNER

SOUPS

PEPPERPOT
REDPEA
CONCH CHOWDER
FISH TEA
SHRIMP BISQUE
CHICKEN NODDLE
PUMPKIN
BEEF & VEGETABLE

SALADS

MIXED SALAD
CAESAR SALAD
TOMATO & ONION
POTATO
COLESLAW
CUCUMBER & YOGURT
PASTA

SANDWICHES

BAGUETTES, WRAPS AND OTHER BREADS
WITH VARIOUS MEATS, CHEESE AND SALAD FILLINGS

FISH & SEAFOOD

ESCOVEITCH SNAPPER
GRILLED SNAPPER with PINEAPPLE-PAPAYA SALSA
SALTFISH RUNDOWN
STEAMED FISH IN COCONUT MILK
COCONUT CRUSTED FISH
PAN SEARED MAHI MAHI WITH CREOLE SAUCE
JERK FISH
BLACKENED FISH
CURRY FISH
CURRY SHRIMP
CAJUN GRILLED SHRIMP
GARLIC SHRIMP
JERK SHRIMP SKEWER
COCONUT SHRIMP
GRILLED LOBSTER

LUNCH & DINNER

CHICKEN

BROWN STEW
CURRY
CREOLE
STIR FRY
BBQ
JERK
JERK BBQ
CAJUN GRILLED BREAST
CHICKEN KEBAB, CREOLE SAUCE
SWEET & SOUR

PORK

JERK
JERK BBQ
BBQ SPARE RIBS
GRILLED CHOPS, APPLE SAUCE
GRILLED CHOPS, CREOLE SAUCE
PORK KEBAB, TERIYAKI SAUCE
SWEET & SOUR

LAMB/MUTTON

ROAST LEG OF LAMB
ROAST RACK OF LAMB
CURRY MUTTON
GRILLED LAMB CHOPS
LAMB KEBABS

BEEF

STIR FRY
JAMAICAN PEPPER STEAK
BEEF STEW WITH SPINNERS
STRIPLOIN STEAK
TENDERLOIN STEAK
BEEF & SHRIMP KEBABS

VEGETARIAN DISHES

PASTA DISHES
BAKED PASTA PIE
GRILLED VEGETABLES
STIR FRY VEGETABLES
ITAL STEW WITH COCONUT MILK



DESSERTS

FRUIT SALAD
BREAD PUDDING, RUM & RAISIN, BANANA
PINEAPPLE UPSIDE DOWN CAKE
CORNMEAL PUDDING
SWEET POTATO PUDDING
PINK ON TOP
PLANTAIN TARTS
VARIOUS ICE CREAMS & SORBETS

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